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2026

Deanna Leah

deannaleah@sunset.net
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Bringing Authors to the World

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Hohm Press is committed to publishing books that provide readers with alternatives to the materialistic values of current culture and promote self-awareness, compassion, and the recognition of our interdependence.

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Synergetic Press is a fiercely independent publisher producing breakthrough books for over thirty years specializing in ecology, sustainability, consciousness, psychedelic medicine and anthropology.

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Books by Sacred Stories Publishing, their imprint Light on Light Press and the Common Sentience series. Sacred Stories is an award-winning conscious publisher whose inspiration is to bring Divine Wisdom into the mainstream. The Common Sentience stories are authored by some of the most well-known and loved wisdom teachers of today. Light on Light Press, an imprint of Sacred Stories Publishing, is dedicated to interspirituality and contemporary interfaith dialogue

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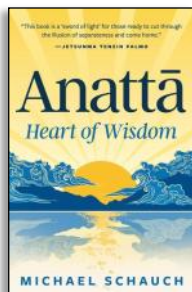
CHILDREN'S LITERATURE

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NEW RELEASE ANATTA Heart of Wisdom

Michael Schauch

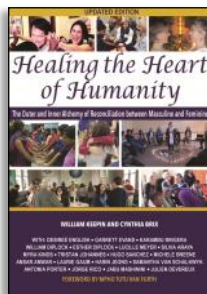
Award-winning, alpinist, and life-long Buddhist practitioner Michael Schauch invites readers

on a remarkable journey through the pilgrimage sites of the Himalayas. Through his stories and essays he explores *anatta*—the liberating insight that our separate, fixed identity is an illusion.

ISBN: 978-1-9634333-17-3 Pgs. 136

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PERSONAL TRANSFORMATION



HEALING THE HEART OF HUMANITY

*The Outer and Inner
Alchemy of Reconciliation
between Masculine
and Feminine.*

William Keepin and
Cynthia Brix

NEW RELEASE

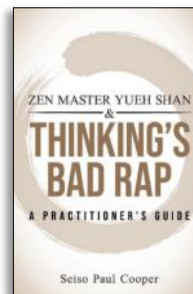
Endorsed by **Archbishop Desmond Tutu**

The work shared in this book is practical and experiential in nature, rather than analytical or theoretical. It is a process of personal and collective truth-telling, discovery, and transformation. It recognizes all polarities, like masculine/feminine, are representations of cosmic complementarity. Each polarity represents a spectrum, and the union of the respective dualities opens an intimate hidden pathway of “inner” alchemy that leads to profound spiritual realization.

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COMMUNICATION



Zen Master Yueh Shan & **THINKING'S BAD RAP**

A Practitioner's Guide

Seiso Paul Cooper

What does it mean to truly “think of not thinking”? The question is posed in a brief dialogue between the Chinese Chan master Yüeh Shan and a nameless monk, opening the doorway to one of Zen’s most important teachings: shikantaza, or “just sitting.”

Thinking's Bad Rap re-examines the delicate interplay of thinking, not-thinking, and “non-thinking” (hishiryo), a state that transcends but does not negate thought. Author Seiso Chugai Paul Cooper is a psychoanalyst, ordained priest and a transmitted teacher in the lineage of Dainin Katagiri.

ISBN: 978-1-963433-14-2 Pgs. 125

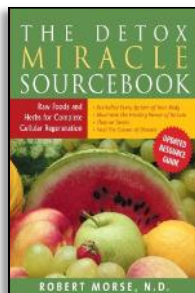
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ZEN PHILOSOPHY

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*Raw Food and Herbs
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Robert Morse, ND

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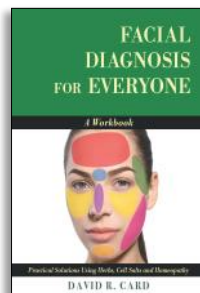
The Detox Miracle system is based on the power of specific raw foods, herbs and juices to cleanse and purify individual systems of the body which allows cellular regeneration!

This book shows you how to cleanse your body of the poisons that are destroying your health.

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A Workbook

David R. Card

Facial diagnosis is the art of looking at person's face to discover what organ system is not functioning properly, or what disease process may be at work. Our face reflects the health of our body, and when unwanted blemishes, lines, colors, etc. are present, these may be signs of dysfunction.

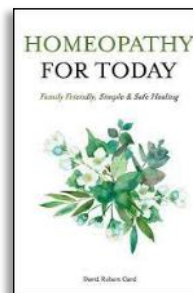
*The health of the body is dependent upon
our organs, which reflects in our face.*

David R. Card is a certified nutritionist and homeopathic practitioner with a degree in psychology.

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ALTERNATIVE HEALTH



HOMEOPATHY FOR TODAY

*Family Friendly, Simple
& Safe Healing*

David R. Card

Since most folks don't have access to a trained homeopathic practitioner, this book fills the need for an easy-access book, free of jargon, that could be your "go to" for dozens of conditions.

Homeopathy For Today is current and full of common-sense lists to assist any newbie in this field. Seasoned practitioners will recognize Card's grounded understanding, coupled with his intuitive sensitivity gained from decades of experience.

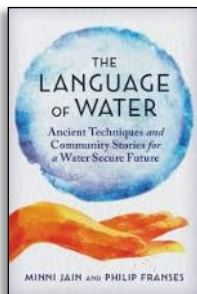
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HOMEOPATHY

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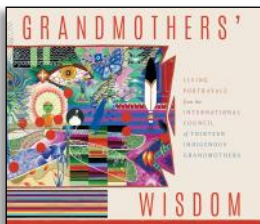
THE LANGUAGE OF WATER

*Ancient Techniques
and Community Stories
for a Water Secure
Future*

Minni Jain &
Philip Franses

The Language of Water addresses climate change and the global water crisis by shifting the existing paradigms around our relationship to water with powerful stories and tangible techniques **from communities worldwide** who are reviving ancient water-holding methods. A practical story-book and how-to manual.

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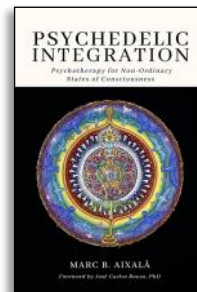
GRAND- MOTHERS' WISDOM

*Forward by
Vandana Shiva*

*Living Portrayals from the International
Council of Thirteen Indigenous Grand-
mothers*

Grandmothers' Wisdom is a vibrant tribute to the lives of thirteen indigenous grandmothers who came together to protect our planet in crisis and envision a future for the next seven generations. These remarkable wisdom keepers of traditional medicine and Indigenous spirituality, preserve the ancient wisdom traditions and traditional ecological knowledge that have served our planet Earth for millennia. This special work is a living portrayal of their upbringing, encounters with the violence of colonialism and forced assimilation, their awakening to fierce activism, and the ceremonial practices they carry forward from their lineages with tenacity, grace and devotion.

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PSYCHEDELIC INTERGRATION

*Psychotherapy for
Non-Ordinary States
of Consciousness*

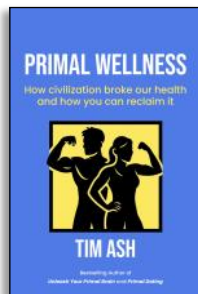
Marc Aixelà

Recent years have seen a global explosion in the field of psychedelic research, popularizing of the use of non-ordinary states of consciousness to aid in PTSD, anxiety, depression, and end of life, and a growing sense that the use of substances like MDMA, psilocybin and others may become mainstream.

This trailblazing guidebook is for anyone interested in psychedelic-assisted therapy. Psychologist and psychotherapist Marc B. Aixelà traces the evolution of psychedelic-assisted therapy and integration research from the 1960s to the present moment, explains therapeutic techniques, and outlines a clinician's real-world observations on the deep work of healing.
Originally in Spanish

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BOOKS BY TIM ASH

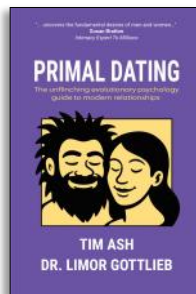
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our health and how you
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By Tim Ash

This book is about the gap between the body you inherited and the life you're actually living. It traces the 200,000-year mismatch between the body evolution built and the world civilization built around it. You will gain the understanding to know exactly why you feel the way you do—and exactly what to do about it.

Tim Ash is an authority on evolutionary psychology and digital marketing and sought after international speaker.

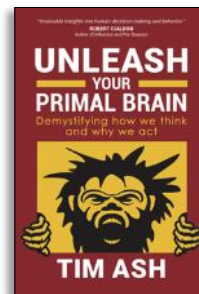
ISBN: 978-1735244556 Pgs. 196

FOREIGN RIGHTS: *Worldwide Availability***HEAL TH/SELF HELP****PRIMAL
DATING***The Unflinching
Evolutionary
Psychology Guide to
Modern Relationships*Tim Ash &
Dr. Limor Gottlieb

In a world where finding connection feels hopeless, *Primal Dating* explodes onto the scene with evolutionary truth bombs that will revolutionize your love life. Forget the useless pop-culture advice you've been fed—this raw, unflinching guide dives deep into our ancient wiring to expose why modern dating feels so impossibly broken. What if the key to finding your perfect match is understanding the primal forces that have driven human connection for hundreds of millennia?

Learn about sexual economics, mating instincts, unconscious attraction and more.

ISBN: 978-1-7352445-2-5 Pgs. 334

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and Russian Rights sold***PSYCHOLOGY/SEXUALITY****UNLEASH YOUR
PRIMAL BRAIN***Demystifying How We
Think and Why We Act*

Tim Ash

Do you want to understand how your brain works to help you in business, relationships, and personal development? *Unleash Your Primal Brain* illuminates the fundamental "why's" behind our actions from an evolutionary perspective. From the rise of the earliest life on Earth to our uniquely human recent adaptations, you will come away with a deep understanding of how the brain evolved, and why we act the way that we do.

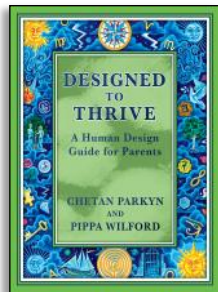
Tim Ash is an authority on evolutionary psychology. His first book sold over **50,000 copies** and is translated into six languages.

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BOOKS BY CHETAN PARKYN

Chetan Parkyn is a leading international teacher and consultant for over thirty years, conducting professional Human Design trainings worldwide.



DESIGNED TO THRIVE

*A Human Design
Guide for Parents*

NEW RELEASE

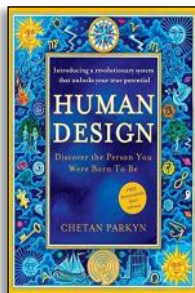
Chetan Parkyn &
Pippa Wilford

Every parent longs to understand their child --- to know how to best support them, and how they tend to think, act, and respond day-to-day. *Designed to Thrive* sheds light on what a child's individuality looks and behaves like. This is one of those life-changing books that can turn on some lights and strengthen the parent-child bond.

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PARENTING/HUMAN DESIGN



HUMAN DESIGN

*Discover the Person
You Were Born to Be*

*A revolutionary new
system revealing the DNA
of your true nature*

Chetan Parkyn

Would you like to know who you really are? Would you like a clear picture of your ideal life partner? Would you like to make better decisions and realize your highest potential? *Human Design* is a revolutionary system that is changing people's lives around the world. With this simple-to-use book, you can discover your own inside story as well as those of your friends, family and clients. It will change your life forever.

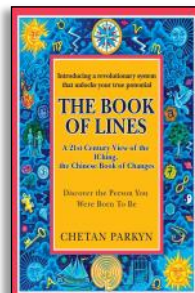
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PERSONAL TRANSFORMATION

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THE BOOK OF LINES

*A 21st Century View of
the IChing, the Chinese
Book of Changes*

Chetan Parkyn

A modern day explanation of the Chinese I'Ching as it relates to Human Design, and also as a standalone version of the IChing... in clear, straightforward language. *The Book of Lines* view of the I'Ching gives the reader a deep and practical way to understand who they are, how they are energetically configured, and the power they naturally carry and share with the world.

This modern-day, easy-to-understand manual is an important companion guide for anyone who uses the Chinese I'Ching and Human Design

EvolutionaryHumanDesign.com

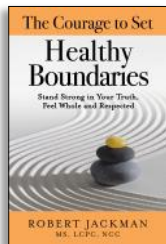
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SPIRITUAL SELF HELP

ROBERT JACKMAN'S Practical Wisdom Healing Series

[Robert Jackman](#) is the author of five books and international best sellers. He is a Board-certified psychotherapist and Reiki master who has helped many people and couples on their healing path for more than twenty years. He has taught master classes on the topics of codependency, boundary setting, couples communication, inner child, mindfulness and the role of spirituality in healing.



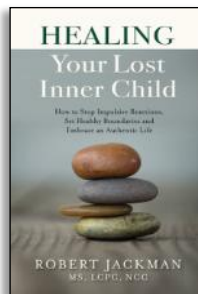
THE COURAGE TO SET HEALTHY BOUNDARIES

Boundaries are the communication tools that few of us are taught, but all of us need. They are the guardrails that define

where we end and someone else begins. With real life examples and relatable stories throughout the book the reader will learn how to apply what they are learning to their own life.

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HEALING YOUR LOST INNER CHILD

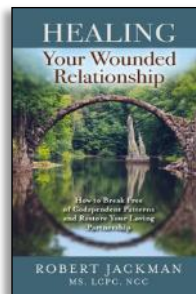
How to Stop Impulsive Reactions, Set Healthy Boundaries and Embrace an Authentic Life

Most people don't realize how much unresolved emotional pain they carry around. These patterns often stem from their lost inner child, which carries a false narrative that has been on repeat since childhood. Jackman takes you on a personal journey to explore unresolved wounds. This easy-to-read book will encourage you to learn how to stop giving in to your wounded inner child's emotional pain frozen inside a snow globe within. Companion Workbook available

In 14 Languages
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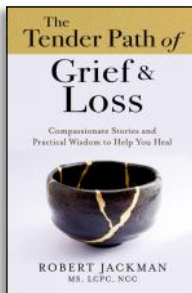


HEALING YOUR WOUNDED RELATIONSHIP

How to Break Free of Codependent Patterns and Restore Your Loving Partnership
Robert Jackman,
MS, LCPC, NCC

ISBN: 978-1-7354445-4-3 Pgs. 366

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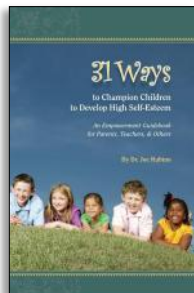
THE TENDER PATH OF GRIEF & LOSS

Sometimes the pain of loss feels like molten lava in our hearts. If you're seeking expert guidance on healing the kind of loss you feel

deep inside, this book is for you.

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31 WAYS To Champion Children To Develop High Self Esteem

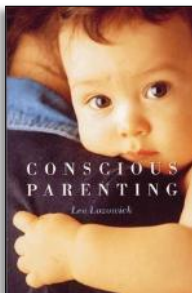
Dr. Joe Rubino

Learn the difference between high self-esteem and high ego. Discover the origins of low self-esteem and how to best support children to overcome early challenges. Learn the one thing that will most effectively build belief and self-confidence in children. Acquire the antidote to negative self-talk. Realize the secret to becoming an extraordinary role model for children. Discover the three keys to healing and completing the painful past. Uncover the answer to reversing depression and self-pity. Develop the tools to impart soaring self-esteem and self-confidence effortlessly. Learn how to support children to discover and develop their gifts.

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PARENTING SKILLS



CONSCIOUS PARENTING

[Lee Lozowick](#)

The first two years are most crucial in a child's education and development, and children learn to be healthy and "whole" by living with healthy, whole adults. Parental role-modeling is the most essential component. Conscious parenting, says author and child-advocate Lee Lozowick, includes love, affection and life-positive boundaries for our children, and requires honesty, generosity, compassion and common sense from parents and caregivers.

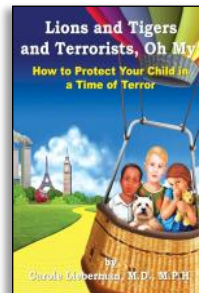
We can't give our kids what we don't have ourselves.

ISBN: 978-1-935387-16- Pgs. 336

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PHILOSOPHY

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LIONS AND TIGERS AND TERRORISTS, OH MY!

*How to Protect Your
Child in a Time of
Terror*

Carole Lieberman,
MD, MPH

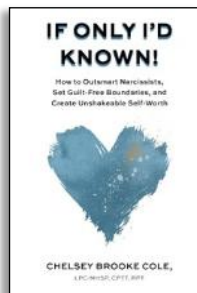
The first and only book about terrorism for kids (and their parents, teachers and psychologists). The first half of the book provides grown-ups with the tools they need to talk to kids about terrorism and build their resilience. The second half is a picture book that gives kids a gentle introduction to terrorism, helps them understand their feelings, and empowers them to meet 21st century challenges.

MULTI-AWARD WINNER
Mom's Choice Award,
Paris and London Book Festivals
Hollywood and New York Book Festivals

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PARENTING SKILLS



IF ONLY I'D KNOWN

How to Outsmart Narcissists, Set Guilt-Free Boundaries, & Create Unshakeable Self-Worth

[Chelsey Brooke Cole](#)

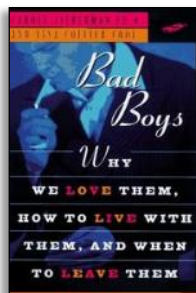
If Only I'd Known educates and inspires survivors of narcissistic abuse and complex trauma to overcome their struggles and find healing. Praised as “enlightening and empowering,” the book breaks down complex topics like narcissistic abuse, trauma bonds, and gaslighting in an easy-to-understand way. With real-life survivor stories and research- **USA Today** and other media backed insights, this book also includes actionable strategies to build mental strength, leaving readers with a sense of hope and empowerment.

Chelsey Brooke Cole is a psychotherapist routinely featured in **Psychology Today**

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NARCISSIM



BAD BOYS

Why We Love Them, How to Live with Them and When to Leave Them

Carole Liberman, MD

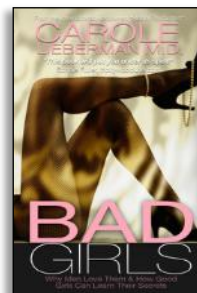
This perennial classic was a bestseller when Penguin/Dutton first published it in 1997 (hardcover) and 1998 (trade paperback). Since some are still attracted to—and getting their hearts broken by—bad boys, they are still eager to discover why and how to find true love. The book profiles 12 types of Bad Boys—including the Fixer-Upper Lover, Self-Absorbed Seducer, and Commitment-Phobe—and helps folks turn their frog into a prince!

**Over 35,000 Copies Sold
first printing**

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RELATIONSHIPS/ATTRACTION



BAD GIRLS

Why Men Love Them & How Good Girls Can Learn Their Secrets

Carole Liberman, MD

This multi-award-winner, published in 2010 as a trade paperback, received lots of media attention. The book profiles 12 types of bad girls—including the Gold-Digger, Sex Siren, Husband Hunter/Trapper, and Ball-Buster. It helps good girls even the playing field, so they don't sit on the shelf while men pursue bad girls, and helps men see the red flags, so they're not exploited by bad girls and left brokenhearted.

MULTI-AWARD WINNER

**Hollywood and New York Book Festivals
Over 9,000 copies sold.**

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PSYCHOLOGY/ATTRACTION

SACRED STORIES PUBLISHING

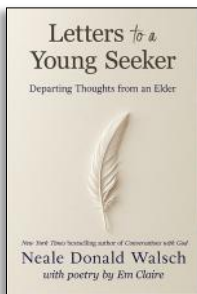
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Wisdom coupled with the power of story allows us to deepen into the Mystery of our souls to make informed choices and write a better world.

NEWEST BOOKS BY NEALE DONALD WALSCH

Neale Donald Walsch has written 40 books on contemporary spirituality and its practical application in everyday life, including nine books in the *Conversations with God* series, seven of which made the New York Times bestseller list. *Conversations with God* book one remained on that list for 134 weeks.

SPIRITUALITY



NEW RELEASE

LETTERS TO A YOUNG SEEKER

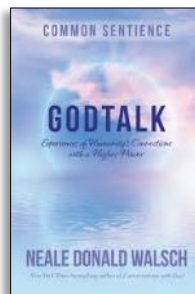
*Departing Thoughts
From an Elder*

Neale Donald Walsch

Possibly his last book, *Letters* offers 21 timeless insights from Neale Donald Walsch, NY Times bestselling author of *Conversations with God*. Drawn from a lifetime of spiritual exploration, his clear, uplifting wisdom is for anyone seeking greater peace, clarity, and purpose. Each insight is delivered in a short, heartfelt letter that speaks directly to the reader.

Following each letter is a poem by award winning poet Em Claire, Neale's beloved wife of many years. Her luminous, evocative writing amplifies Neale's words, creating an emotional doorway that brings each insight to life by turning a message that opens the mind into magic, which opens the heart.

ISBN: 978-1-958921-82-1 Pgs 131
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GODTALK

*Experiences with
Humanity's Connection
with a Higher Power*

Neale Donald Walsch

Don't look now, but God is talking with you. In fact, God is never not talking with you!

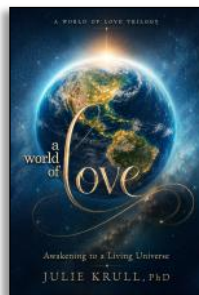
Experience the wit and wisdom of Neale Donald Walsch, **NY Times bestselling author** of *Conversations with God* as he, along with sacred storytellers, share their talks with God. God talks to you in a hundred ways across a thousand moments, using feelings, words, images, ideas, metaphors and events. Learn Neale's **six-step process** to be present to life and experience your own dialogues with God.

This book helps you tune into God talking to YOU!

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NEW RELEASES!



A WORLD OF LOVE

*Awakening to a Living
Universe*

Julie Krull PhD

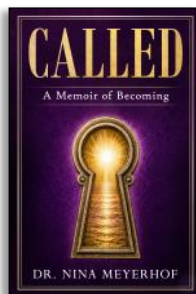
Julie Krull is a **Nautilus
Gold award-winning**
author, psychologist,

speaker and mentor of conscious evolution. *A World of Love* takes us on the journey of awakening to the extraordinary intelligence of love as the organizing intelligence of all life, ever present in all things, creating, connecting, healing and evolving. Weaving together scientific discovery, spiritual teachings and lived experience Dr. Krull reminds us of our connection and belonging which heals.

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SCIENCE & SPIRITUALITY



CALLED

A Memoir of Becoming

Dr. Nina Meyerhof

Dr. Nina Meyerhof has been listening for over five decades and followed that calling. She is devoted to service rooted in ethics, compassion, authentic education, and global unity. *CALLED* is where that listening led her. Part spiritual record, part global adventure, part call to action. This is one woman's extraordinary journey from her generational trauma of Auschwitz to visions of humanity's shared future.

Sacred activist, elder and advocate for children and humanity's awakening Nina Meyerhof asks you to listen to your soul and ask, "What's next?" Then listen.

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MEMOIR

Page 13



WHERE THE LIGHT BEGINS

*Stories of Near-Death
Experiences and After-
Death Communications
By Children*

Daniela and Ralph
Klose

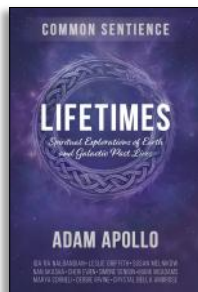
Where the Light Begins explores one of the most subtle and yet profound frontiers of human experience: children's near-death experiences. When children come close to death, some return with memories that challenge easy explanation. They describe a light that feels like home, presence without form, and connection beyond language. Their words are simple and expressed with calm certainty. They do not speculate. They remember.

Based on real-life cases, hospice encounters and listening to children the Klose's also draw on their work in the area of the neurosciences and consciousness research.

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*Explorations of
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Past Lives*

Adam Apollo

NEW RELEASE

What if you could recall the skills you developed in past lifetimes, the languages you spoke, or the people you knew? Imagine rekindling the knowledge, connections, love, and growth you once had.

By accessing past life memories, you can open a window into your soul's journey. This exploration allows you to see the unique path your soul has traveled over time to gather wisdom, resolve karma, cultivate gifts, and deepen your.

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ALIEN GODDESS
*UFOs, AI, and the
Goddesses of Ascension*

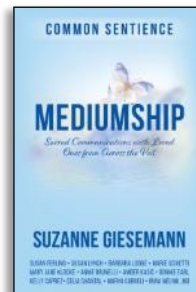
Dr. Joanna Kujawa

Drawing on contemporary accounts of contact phenomena, esoteric texts, and ancient mythologies, *Alien Goddess* asks what happens when a civilization replaces the sacred with the synthetic. Who becomes the architect of human destiny when the soul is written out of the equation?

Dr. Joanna Kujawa is a scholar, academic, speaker and spiritual detective, she has also written *The Other Goddess: Mary Magdalene and the Goddesses of Eros and Secret Knowledge* translated into Dutch.

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MEDIUMSHIP
*Sacred Communi-
cations with Loved
Ones from Across
the Veil*

Suzanne Giesemann

Renowned medium, former U.S. Navy Commander, metaphysical teacher and **best-selling author of 15 books**, Suzanne Giesemann, wants you to know that your loved ones in spirit are still right here and want to communicate with you. Tune into the higher vibrations to receive loving and direct communication from those no longer in physical.

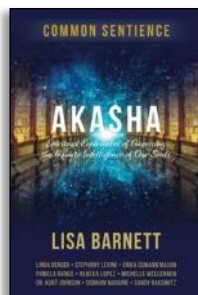
Suzanne Gieseman has been recognized on the **Watkins list of the 100 Most Spiritually Influential Living People.**

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These stories are authored by some of the most well-known and loved wisdom teachers of today sharing the power of their story and yours. Each book in this series focuses on a spiritual phenomenon—what it is, true experiences shared, and practices and processes to deepen into for your own experience.

**AKASHA**

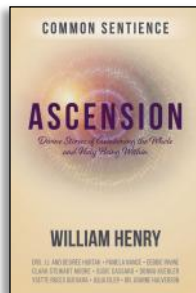
*Spiritual Experiences of
Accessing the Infinite
Intelligence of Our
Souls*

Lisa Barnett

Akasha is the recording of all that exists. Lisa Barnett shares who the Akashic Record Keepers are and how they can assist you on your soul's journey.

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**ASCENSION**

Divine Stories of Awakening the Whole and Holy Being Within

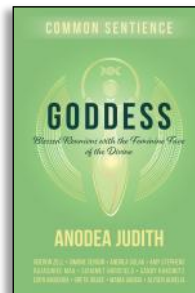
William Henry

Transforming or ascending to a being of light is the universal goal of spiritual and metaphysical traditions worldwide. Ascension scholar and researcher of esoteric traditions William Henry shows us that this is not just an ancient activity that happens after death. Learn practices to deepen your own ascension experience and awaken the whole and holy being in you as William Henry and selected storytellers share their inspiring experiences.

William Henry is author, investigative mythologist, TV presenter and more. He is an internationally recognized authority on human spiritual potential, transformation and ascension.

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**GODDESS**

Blessed Reunions with the Feminine Face of the Divine

Anodea Judith PhD.

Anodea Judith invites you to return home to the Goddess and reclaim your sacred feminine in all her myriad forms. Explore a necessary part of yourself and a missing part of our world when you embody who you are in her mythic stories and in the Goddess' diverse aspects as Maiden, Mother, Crone, and Queen.

"Anodea Judith has a gift of expressing complex ideas in clear, poetic language."
—**Starhawk**, author of *Spiral Dance*.

Anodea Judith is a globally recognized teacher and author of bestselling books on chakras, psychology, social change which have been translated into 28 languages.

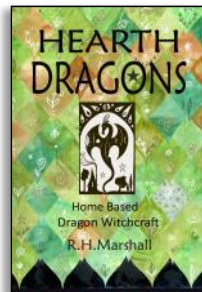
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GREEN MAGIC PUBLISHING

Green Magic, originally started in 1997, is an independent publisher based near Glastonbury, England, specializing in spirituality and Paganism.

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HEARTH DRAGONS

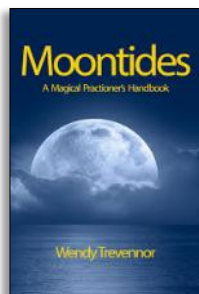
Home-Based Dragon Witchcraft

Rachael H Marshall

The Hearth Dragons are awakening. They wish to aid us in our lives, and to spread positive energy into the world. But we must first learn to welcome them in. This extraordinary book invites us to nourish our spirit and our hearth, through enchanted self-care practices and the creation of our own sacred space, so that we can welcome harmony and magick into our lives and our homes.

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MOONTIDES

A Magical Practitioner's Handbook

Wendy Trevenor

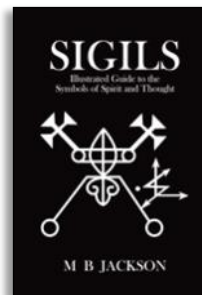
What is the moon? A big chunk of rock, pretty light in the sky, the stuff of nursery rhymes or a possible future home for humans? Ask a scientist, and you will get one answer; ask an astrologer or a witch, and you will get a very different one.

The Moon has many important secrets, especially since she is the nearest object in space to us. Her effect on our world fulfils every magical belief: She moves plants, stimulates animals and herds guides fish and birds, tinkers with hormones, moves oceans and more.

Here you will find how to work magically with the moon and how to synchronize your living patterns to the cycles of the moon.

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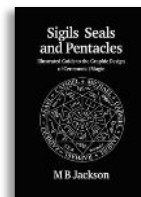
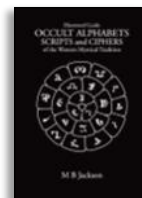
SIGILS

Illustrated Guide to the Symbols of Spirit and Thought

M B Jackson

Sigils are symbolic icons designed for a specific magical purpose. In modern times, Chaos magicians employ Sigils as Monograms of Thought, psychological symbols of intent and desire, created by the conjuror in their personal quest of mystical exploration. Fully illustrated guides to these magic symbols accompany full explanations from down through the time.

... More Sigils ...



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GREEN MAGIC PUBLISHING NEW RELEASES

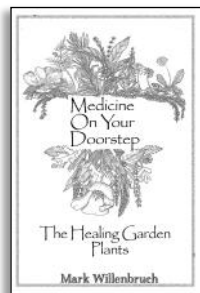


MAGICAL FOODLORE Wendy Trevannor

Humans, unlike our fellow animals, eat food for a variety of reasons and occasions in a variety of ways around the world. We also use food to worship our Gods. This book explores food from a spiritual and magical perspective, the folklore and superstitions, history and rituals. Wendy Trevannor is a former journalist, cornish author, High Priestess and is a cookery judge at the Women's Institute (WI) competitions.

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MEDICINE ON YOUR DOORSTEP *Healing Garden Plants*

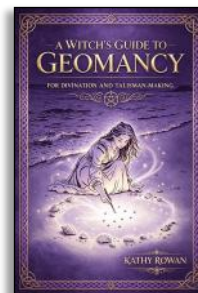
Mark Willenbruch

Discover the Art and Practice of Herbal Wisdom and what it means to begin cultivating a deep relationship with the healing plants and land where you stand. Heed this call into relationship with those plants and the land around you. Cultivate your understanding and begin a herbal foraging practice to promote health and wellbeing whilst preventing illness.

Mark Willenbruch has studied with many great teachers in the healing arts of Herbal Medicine, Plant Spirit Healing and Geomancy.

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A WITCHES GUIDE TO GEOMANCY *For Divination and Talisman Making*

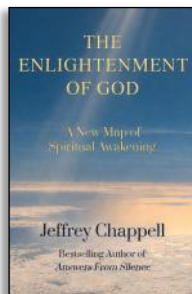
Kathy Rowan

A Witches Guide to Geomancy has been written for modern witches and practitioners of earth-based magic and is centered on practice and real application. It offers clear, actionable guidance, combining practical talismanic magic and step-by-step divination instructions.

Kathy Rowan is a teacher and practitioner of astrology, witchcraft, and esoteric arts, with more than thirty years experience. Here she shares her hands-on knowledge, making ancient systems accessible and useful for readers at every stage of their journey.

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NEW RELEASE

THE ENLIGHTENMENT OF GOD

A New Map of Spiritual Awakening

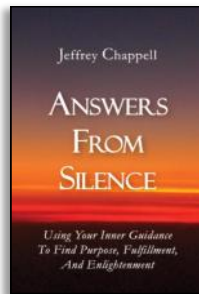
[Jeffrey Chappell](#)

The Enlightenment of God is a guidebook that provides new breakthroughs in understanding the experience of enlightenment. Since God is who we actually are, and since God is therefore experiencing our lives through us, then God experiences enlightenment when any of us becomes enlightened.

As an off shoot of *Answers from Silence*, it is the goal that this book affirms the reader's hopes and dedication in their quest for enlightenment.

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CONSCIOUSNESS



ANSWERS FROM SILENCE

Using Your Inner Guidance to Find Purpose, Fulfillment, and Enlightenment

Jeffrey Chappell

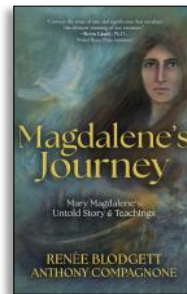
Answers From Silence contains brief, no-nonsense insights and how-to information for communicating with your Enlightened Self. Chappell delivers question-and-answer dialogues from a cosmic viewpoint on metaphysics and spirituality as well as down-to-earth topics such as career, relationships, and personal growth.

Jeffrey Chappell, a professional concert pianist and 30-year student of meditation, delivers fresh insights on problems of living in the 21st century and finding higher consciousness in everyday life.

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MEDITATION / SELF-HELP

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MAGDALENE'S JOURNEY

Renee Blodgett & Anthony Campagnone

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Mary Magdalene's story exploring her journey with Yeshua and her relationship to the apostles channeled through a modern-day couple. A mind-bending dialogue with two of the world's most misunderstood spiritual masters shedding light on "Source" or God, based on Yeshua's original teachings, challenging the filtered and archaic narrative that has been defined by Abrahamic religions and revealing the pivotal yet consistently left out roles women played in history.

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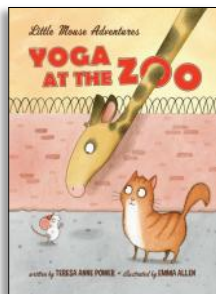
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HISTORICAL/MYSTICISM

TERESA ANNE POWER

Teresa Anne Power is an internationally recognized educator, keynote speaker, yoga advocate and bestselling author of the award-winning 6-book series, *Little Mouse Adventures* and *The ABCs of Yoga for Kids*.

MULTI-AWARD-WINNING BOOKS



YOGA AT THE ZOO

Come along with curious, lovable Little Mouse and his best friend, Mr. Opus, the wise tabby cat, as they go to the zoo for the first time and meet new animal friends in

this beautifully illustrated book. Teresa Anne Power presents a playful book that teaches kids how to deal with new experiences, emotions, and friendship through simple yoga poses.

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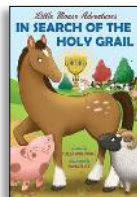
MINDFULNESS AT THE PARK

Little Mouse and his family live in a cozy burrow nestled in Tammy McDoodle's backyard. Tammy and her mother love to practice yoga and

mindfulness together, and Little Mouse loves to follow along! Blending humor and fun, *Mindfulness at the Park* gently imparts ways to navigate the excitement and uncertainty of new experiences.

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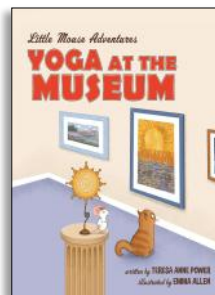
IN SEARCH OF THE HOLY GRAIL

Grandpa Mouse teaches Little Mouse that gratitude and appreciation go a long way to make new friends.

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YOGA AT THE MUSEUM

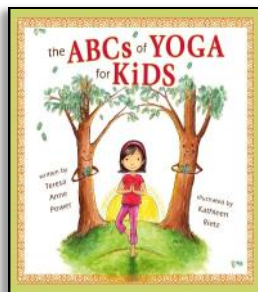
Curious Little Mouse is back to help children use yoga to solve problems and manage emotions in *Yoga at the Museum*. Little Mouse loves to doodle and daydream, which often gets in the way of his schoolwork. When he and Mr. Opus get the opportunity to tag along on a trip to the museum, they leap at the chance! During their museum adventure, Little Mouse learns about famous artwork plus simple yoga poses related to the paintings.

For more Yoga and Mindfulness Books for Kids visit: www.abcyogaforkids.com

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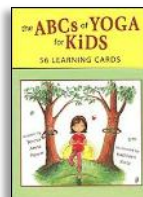
THE ABCs OF YOGA FOR KIDS

Teresa Anne Power

Children are faced with over-stimulation in today's fast-paced society. Practicing simple yoga postures is the ideal way for kids to both unwind naturally and do physical activity. Using the alphabet, rhyming vignettes and colorful illustrations, each page promotes poses for flexibility and coordination, while encouraging children to incorporate healthy activity into their daily lives.

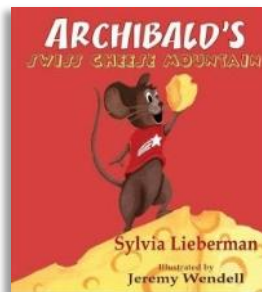
WINNER OF 11 AWARDS

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ARCHIBALD'S SWISS CHEESE MOUNTAIN

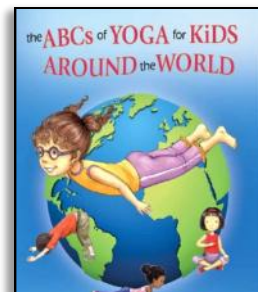
Sylvia Lieberman

This multi-award-winning classic not only entertains kids with its captivating story and illustrations but provides a moral: Never give up pursuing your dreams! Archibald is a little mouse with a big heart who helps kids reach their big dreams by showing them how it's done. Leaving his mouse hole for the first time, Archibald discovers a Swiss cheese mountain that he's determined to conquer and cleverly overcomes obstacles until he reaches his dream.

MULTI-AWARD WINNER
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THE ABCs OF YOGA FOR KIDS AROUND THE WORLD

Teresa Anne Power

Written by International Kids' Yoga Day founder and 30+ year practitioner Teresa Power, this is a beautifully illustrated hardcover book that takes readers on a fun-filled tour of 32 countries, sharing kid-friendly facts about each, as well as teaching simple yoga poses suitable for children of all ages and athletic abilities. Additionally it introduces children to the alphabet and how to say 'hello' in the language of each country represented.

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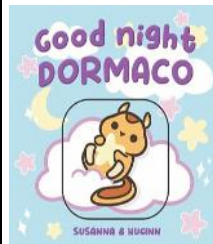
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AGE RANGE 3-11

FITNESS FOR CHILDREN

ODINSAUGA

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A best-selling children's author in Iceland, having written over 30 books of his own and translated more than 20 stories into Icelandic, Huginn possesses a sarcastic humor and writes for both parents and children alike. www.odinsauga.com



GOOD NIGHT DORMACO

Susanna & Huginn

Dormaco has been out playing with Anna all day. Now he is very tired. They head home, but on their way Dormaco falls asleep in the most peculiar places.

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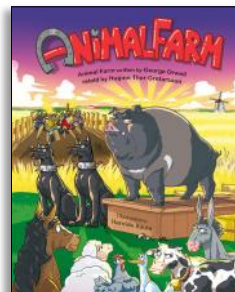


THE GREEDY RABBIT

This book criticizes greed in a comical way. It teaches children that enjoying the moment and what you have is of greater importance than always demanding

more and more and never really taking time to enjoy what you have.

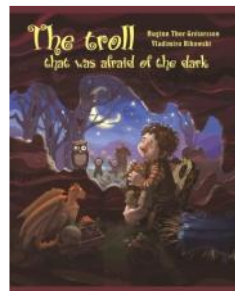
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ANIMAL FARM

retold by Huginn Thor Gretarsson

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THE TROLL

That was Afraid of the Dark

Little Bo is afraid of the dark. When all the other trolls run out into the night to play, he doesn't dare follow them. Poor Bo sits all alone inside the cave, until one day, his friend

Bergny is lost and the sun is coming up. At risk of turning into stone, he runs out to try to rescue his friend.

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